

**Whitewater Tune-Up**  
Intermediate Kayak School Course  
in Patagonia, Chile



## Patagonia Kayak School: Whitewater Tune-Up

**This week is meant for Class II/III paddlers who already have whitewater kayaking experience. Some familiarity and experience with the kayak roll is necessary, with a 50% reliable roll with your "on-side". The emphasis of this week will be on fun and learning.**

### **ITINERARY:**

#### Day 1: Arrival and Introductions

Arrive at either of our entry points in Puerto Montt, Chile or Esquel, Argentina, the gateway to Patagonia. Connect with our paddling school representative and travel to the remote riverside town of Futaleufu, surrounded by majestic mountains. You will find your accommodations at our comfortable inn and town cabins, and unwind from your trip with a hearty welcome dinner at the kayak school lodge.

#### Day 2: Evaluation Day

After an early breakfast, we are off to the turquoise Rio Espolon, a Class II/III river that will allow us to evaluate your strokes, skills, and teach basic river theory. This will be your opportunity to identify what is holding you back in the sport of kayaking and develop a plan to correct it. We emphasize boat control, body position and the strokes commonly used in kayaking. After taking out, we return to our lodge for an overview and analysis of your technique, developing the schedule for the following days.

#### Day 3 - Day 7: Customized Kayaking Schedule

From our skills assessment and your input we design a kayak instruction week that will be completely centered on improving your kayak skills. We get to choose from all of the great rivers and runs in the Futaleufu River Valley.

#### Day X: Optional Multisport Day

If you so desire you can take a day off to explore this remote region of Patagonia and the warm culture of the town of Futaleufu. You can choose from: whitewater rafting, sea kayaking, mountain biking, trekking, horseback riding, fly-fishing, or canyoning.

### Day 8: Departure

Wake up for an early breakfast and drive back to Chaiten, Chile and your flight to Puerto Montt, or relax for a couple of hours and take our shuttle to Esquel, Argentina. As you catch a final view of the Río Futaleufu; surrounded by hanging glaciers and snow capped mountains, take a moment to reflect upon all of the amazing sights and experiences of this past week. After all these years we are still stunned that views like these exist.



### **INCLUDED:**

All meals, lodging, transportation, guides and kayaks while paddling with us. Round trip transportation between Futaleufu and Puerto Montt or Esquel. See the kayak school packing list for specific details. The actual kayak instruction program for your individual trip will vary according to the desires and skill level of your group, the water levels, weather, or other factors.

### **TRIP OVERVIEW:**

Experience Needed: Class II+ / III- Kayak

Physical Challenge: Medium

Cultural Experience: Medium High

Lodging: Lodge

Comfort Rating: High

Days away from home: 10

Days with us: 8

Max Trip Size: 8

Price: \$1995.00 USD

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